

STARPORT FITNESS TRANSITION ASSISTANCE PROGRAM



Starport is offering a 3 month fitness extension to assist Starport Partner employees who are displaced from their job due to the transition of the Shuttle Program. The intent is to provide a tool to help employees manage stress and take care of themselves while they are transitioning.

Starport Membership

- Membership will be extended 3 months from the last day of employment by a partner company.
- At the end of the 3 month period, membership will automatically expire.
- Members will have access to all programs offered at Gilruth Center **(JSC/Contractor onsite wellness programs not included)**.
- For fee services will still require applicable fees.
- Membership badge must be turned in to Gilruth Information Desk once membership expires.

Requirements

- Employees must leave in good standing with the Partner company. **(terminated employees do not qualify)**
- Must be on list provided by Partner . **(provided by Partner Human Resources Department)**
- Employee badge or picture ID is required
- Must complete Membership Application / Par-Q **(Health Risk Assessment optional)**
- Upon re-employment by Partner company, membership will be converted to regular annual membership with a company badge.**(Health Risk Assessment will be required if it has not been done this calendar year by the employee).**

Non-membership programs

Person(s) may participate in the following programs that do not require membership or JSC/Contractor employment once membership expires.

1. League Sports – Softball, Volleyball, Basketball, Soccer, Flag Football
2. Recreation Classes – Boot Camp, Salsa, Ballroom Dancing
3. Certification Classes – Defensive Driving